

Welllderly Week

You may be wondering, what is Welllderly Week?

Welllderly Week is an annual observance during the third week of March (March 16–21, 2026) that promotes health, wellness, and an active lifestyle for seniors. It encourages engaging in a well-rounded lifestyle with socialization, hobbies, physical activities and beyond for wellness and positivity.

Whether through one of our exercise programs, our indoor picnic, our St. Patrick's Day Happy Hour, live music or attending a health talk—we have many ways to support your physical, emotional, social, and intellectual wellness!

We hope this week inspires you to try something new!

Department Head Team

Executive Director: Jen Williams

General Manager: Andrew Steighner

Nurse: Heather Landen, LPN

Wellness Director: Cole McMechen, LPN

Business Office Director: Maree Hanson

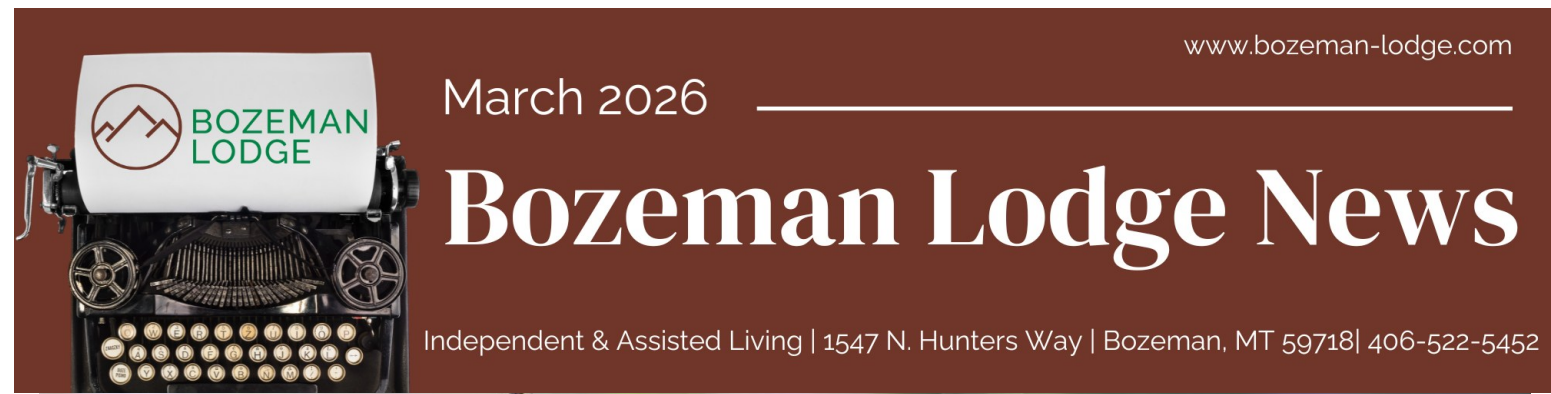
Maintenance Director: Brent Porter

Dining Services Director: Jazz Luna

Life Enrichment Director: Tina Thompson



- Public Events
- Community Photos
- Staff Highlights
- Resident Features
- & More!



www.bozeman-lodge.com

March 2026

Bozeman Lodge News

Independent & Assisted Living | 1547 N. Hunters Way | Bozeman, MT 59718 | 406-522-5452



A Note from the Executive Director



Jennifer Williams,
Executive Director

Greetings Everyone,

I am proud to say that I've been at the Bozeman Lodge for 6 months now and I am so grateful for all of you!

Many changes have happened for the good and we are so excited to keeping things going strong.

We had our State Survey last month and passed with flying colors! We've worked hard these past 6 months and I'm so fortunate for our team here. Please don't hesitate to reach out if you have comments or suggestions. My door is always open.

Warm Regards,
Jen Williams

HAPPY Birthday

- Tony K.: March 1
- Bev J.: March 8
- Susie M.: March 18
- Pam D.: March 19
- Beth M.: March 22
- Betty S.: March 28

MARCH 2026

Bozeman Lodge • 1547 N. Hunters Way, Bozeman, MT 59718 • 406-522-5452

SUN	MON	TUE	WED	THU	FRI	SAT
1 10:00 Calvary Baptist Service 1:00 Catholic Communion with Father Mike 2:00 Coffee Klatch 3:30 Coloring for Relaxation 6:30 Scrabble Game	2 10:30 Balloon Volleyball 1:30 Strength Training with Seranna 2:00 Bingo 3:30 Painting Club 6:30 Billiards Game	3 10:30 Visit with Therapy Dog Birch 12:00 Learn Live with MOR: "The Rock Cycle" 1:00 Grief Support Group 2:30 Seated Dancing Exercise with Britainey 3:30 Welcoming Committee Meeting 6:30 Canasta Game	4 10:00 Morning Meditations 1:00 Catholic Communion 1:00 Women's Friendship Group 2:00 Hand & Foot Card Game 4:00 St. Patrick's Day Craft 6:30 Fabric Painting with Pam	5 10:00 Stretch & Relax 1:00 Knit, Crochet, & Needlework Club 2:00 Montana History Podcasts 3:30 Sing Along with Marilyn 6:30 Social Hour	6 9:30 Veterans Coffee Chat 10:30 Crossword Puzzles 1:30 Exercise with Seranna 2:30 Resident Council 4:00 Friday Cocktails 6:30 Poker Game	7 10:00 Pondering Prompts 1:00 Catholic Mass with Father Mike 1:30 Indoor Walking Club 2:00 Share Your Stories 3:00 Saturday Matinee 6:30 Dominoes Game
8 <u>Daylight Savings Time Starts</u> 10:00 Calvary Baptist Service 1:00 Catholic Communion with Father Mike 2:30 Communion with Springhill Presbyterian 3:30 Coloring for Relaxation 6:30 Scrabble Game	9 10:30 St Patrick's Day Walker & Wheelchair Decorating 1:30 Strength Training with Seranna 2:00 Bingo 3:30 Painting Club 6:30 Billiards Game	10 10:30 Travelogue: Hotel Safari in Africa 1:00 Grief Support 2:30 Seated Dancing Exercise with Britainey 3:00 Conversations with Jen 6:30 Canasta Game	11 10:30 Hearing Aid Clinic with Miracle Ear 1:00 Catholic Communion 1:00 Women's Friendship Group 2:00 Live Music with Edis & Silas 6:30 Pattern Bingo Game	12 10:00 Stretch & Relax 1:00 Knit, Crochet, & Needlework Club 2:00 Montana History Podcasts 3:30 Sing Along with Marilyn 6:30 Social Hour	13 9:30 Men's Coffee Chat 9:45 Shopping at Smith's* 1:30 Exercise with Seranna 2:00 Bingo 4:00 Turth or Blarney Trivia & Shamrock Shakes 6:30 Poker Game	14 10:00 St. Patrick's Day Scavenger Hunt 1:00 Indoor Walking Club 2:00 Share Your Stories 3:00 Saturday Matinee 6:30 Pinochle Game
15 10:00 Calvary Baptist Service 1:00 Catholic Communion with Father Mike 2:30 Ecumenical Service 3:00 Coloring for Relaxation 4:00 March Madness in the Bistro 6:30 Scrabble Game	16 Welllderly Week 10:00 History of St. Patrick's Day 11:30 Indoor Picnic* 1:30 Strength Training with Seranna 2:00 Bingo 3:30 Painting Club 6:30 Billiards Game	17 St. Patrick's Day 10:00 Watch: NYC St. Patrick's Day Parade 1:00 Grief Support with Stillwater Hospice 2:30 Seated Dancing Exercise with Britainey 3:30 St. Patrick's Day Happy Hour 6:30 Canasta Game	18 10:00 Voter Registration with League of Women Voters 1:00 Women's Friendship Group 2:00 Hand & Foot Card Game 2:15 Catholic Mass 3:30 Live Music with Alice & Joanna 6:30 Pattern Bingo Game	19 10:00 Stretch & Relax 1:00 Knit, Crochet, & Needlework Club 2:30 Town Hall Meeting 3:30 Health Talk with EmpowerME Wellness 6:30 Social Hour	20 <u>Spring Begins</u> 9:30 Veterans Coffee Chat 10:30 Crossword Puzzles 1:00 Fingernail Painting with Rachel 1:30 Exercise with Seranna 2:00 Bingo 6:30 Poker Game	21 <u>World Poetry Day</u> 10:00 Pondering Prompts 1:00 Indoor Walking Club 2:00 Share Your Favorite Poems 3:00 Saturday Matinee 6:30 Dominoes Game
22 10:00 Calvary Baptist Service 1:00 Catholic Communion with Father Mike 2:30 Ecumenical Service 3:30 Coloring for Relaxation 6:30 Scrabble Game	23 10:30 Balloon Volleyball 1:30 Strength Training with Seranna 2:00 Make a Resurrection Garden* 3:30 Painting Club 4:00 Book Club Meeting 6:30 Billiards Game	24 10:30 Rick Steves' Travel: West England 1:00 Grief Support 2:30 Seated Dancing Exercise with Britainey 3:00 Conversations with Jen 6:30 Canasta Game	25 10:30 Greeting Card Sales 1:00 Catholic Communion 1:00 Women's Friendship Group 2:00 Hand & Foot Card Game 4:00 Make a Rainbow Suncatcher 6:30 Pattern Bingo Game	26 10:00 Stretch & Relax 1:00 Knit, Crochet, & Needlework Club 2:00 Montana History Podcasts 3:30 Sing Along with Marilyn 6:30 Social Hour	27 9:30 Men's Coffee Chat 9:45 Shopping at Smiths* 1:30 Exercise with Seranna 2:00 Bingo 3:30 March Birthdays Party 6:30 Poker Game	28 10:00 MSU PowWow* 1:30 Indoor Walking Club 2:00 Show & Tell 3:00 Saturday Matinee 6:30 Pinochle Game
29 10:00 Calvary Baptist Service 1:00 Catholic Communion with Father Mike 2:00 Coffee Klatch 3:30 Coloring for Relaxation 6:30 Scrabble Game	30 10:30 Piggy Bankers Word Game 1:30 Strength Training with Seranna 2:00 Bingo 3:30 Painting Club 6:30 Billiards Game	31 10:30 Presentation by MSU Nursing Students 11:45 New Resident Lunch 1:00 Grief Support 2:30 Seated Dancing Exercise with Britainey 3:30 S'mores Social 6:30 Canasta Game				

Please note: a * denotes signing up is required for that activity



March 2026

upcoming events

Welcoming Committee Meeting
March 3
3:30 pm

Resident Council
March 6
2:30 pm

St. Patrick's Day Happy Hour
March 17
3:30 pm

Voter Registration/ Info Updating
March 18
10 am-12 pm

MSU PowWow Grand Entry
March 28
10 am
*Sign Ups Required

Presentation by MSU Nursing Students
March 31
10:30 am



Our mission is to create and maintain comfortable, caring environments for those who depend on us.