

Welllderly Week

March 17-21, 2025

According to seniorlifestyle.com: "Welllderly Week celebrates seniors enjoying life by remaining purposeful, engaged and active."

In March, we're recognizing the Dimensions of Wellness: Physical, Social, Spiritual, Vocational, Emotional, Environmental, and Intellectual, and encourage you to get involved and try something new!

We invite you to join in our Welllderly Week Challenge! During Welllderly Week: March 17-21, we'll be handing out Activity Punch Cards to residents that participate in activities.

Collect punches across a variety of activities during the week and turn your card in for a prize!



moments captured



It's Time to Spring Ahead! Daylight Savings Time starts on Sunday, March 9. Don't forget to set your clocks FORWARD one hour before bed on Saturday, March 8. Cell phones will change automatically.

BOZEMAN LODGE RESIDENT SATISFACTION SURVEY 2024

Goal

Our mission as a company is to create and sustain comfortable, caring environments for those who depend on us. As a part of living that mission, we need feedback from our residents and responsible parties on what we are doing well, as well as what we could do better. Each survey is read, analyzed, and met with a plan.

Overall Design

3 to 4 questions and comment section about quality of care and services based on the National Quality Forum endorsed CoreQ Survey. Ratings are from Poor (1) to Excellent (5).



March 2025

Bozeman Lodge News

Independent & Assisted Living | 1547 N. Hunters Way | Bozeman, MT 59718 | 406-522-5452



A Note from the Executive Director



Michelle Graham
Executive Director

March is Women's History Month, an annual observance to highlight the contributions of women to events in history and contemporary society.

I love to hear stories from women about jobs they've done (including one of the most important – raising children!). I know there is a wealth of wisdom right here in our Bozeman Lodge Family. Hmm...I see a sharing event in our future.. In the meantime, I'd love to hear your stories. I have a friend who is a good example of paving the way for women. She is 79 and was one of the first of five women who were hired by

the union in Seattle Washington to be a heavy equipment operator. Only two of the original five stayed until retirement. She retired from that union with an amazing pension.

So let's celebrate the women in our lives! It's a great time to express appreciation for those who have raised us, sacrificed, worked hard, perhaps created a path for other women – they are often the unsung heroes in our lives.

Thank you to all who participated in our Resident Satisfaction Survey of 2024. The cumulative score is included in this month's newsletter, and results will be shared on our website. We very much appreciate and value your feedback.

Best,
Michelle

HAPPY Birthday

- Tony K.: March 1
- Bev J.: March 8
- Susie M.: March 18
- Beth-Ellen M.: March 22
- Betty S.: March 28

MARCH 2025

Bozeman Lodge • 1547 N. Hunters Way, Bozeman, MT 59718 • 406-522-5452

SUN	MON	TUE	WED	THU	FRI	SAT
						1 9:30 Snack Chat 9:45 Visit from Bozeman Library 10:30 "You Be the Judge" Fun Stories & Discussion 1:00 Watch: "15 Moments that Made Oscar History" 2:30 Baking Club 3:30 "Who is the Movie Charter?" Trivia & Treats
2 The Oscars 2025 9:30 Coffee Klatch 10:00 Calvary Baptist Service 1:00 Catholic Mass 2:30 Ecumenical Service via Video 5:00 Watch The Oscars 7:00 Evening Movie	3 9:00 Morning Meditations 10:30 March Fun Facts 11:30 Noon Notes: Free Music at Bozeman Library* 1:30 Strength Training with Seranna 2:00 Bingo 3:30 Painting Club 7:00 Evening Movie	4 Mardi Gras 9:30 Watch: Mardi Gras Parade 10:30 Vitals Clinic with Enhabit 1:00 Grief Support Group with Stillwater Hospice 2:45 Seated Dancing Exercise with Brittainey 3:30 Mardi Gras Trivia & Treats 7:00 Evening Movie	5 Ash Wednesday 9:45 Virtual Exercise 10:30 Greeting Card Sales 11:00 Learn about Ash Wednesday and Lent 1:00 Catholic Communion 2:00 Music with Edis & Silas 3:30 Make a Shamrock Wreath 7:00 Evening Movie	6 9:30 Daily Chronicles 10:00 Strength & Relaxation Exercise 11:00 Movie Titles & Music Trivia 1:00 Knit/Crochet/Needlework 2:30 Travelogue: New Orleans for Mardi Gras 3:30 St. Patrick's Day Riddles 7:00 Evening Movie	7 9:00 Virtual Fossil Friday with Museum of the Rockies 9:30 Shopping at Smith's* 1:00 Catholic Mass 1:30 Exercise with Seranna 2:30 Resident Council Meeting 4:00 Friday Cocktail 7:00 Evening Movie	8 Intl. Women's Day 9:30 Snack Chat 10:30 Pondering Prompts 1:00 Video Concert Series: Barbara Streisand "One Voice" 2:30 Baking Club: Strawberry Blondies 3:30 Famous Women Trivia 7:00 Evening Movie
9 Daylight Saving Time Starts 9:30 Coffee Klatch 10:00 Calvary Baptist Service 1:00 Catholic Mass 3:30 Ecumenical Service 4:00 Coloring for Relaxation 7:00 Evening Movie	10 9:00 Morning Meditations 10:45 On the Day You Were Born Fun Facts 1:30 Strength Training with Seranna 2:00 Board Games 3:30 Painting Club 7:00 Evening Movie	11 9:30 Men's Coffee Chat 10:45 Snowball Toss 1:00 Grief Support Group 2:45 Seated Dancing Exercise with Brittainey 3:30 Afternoon Poker Game 7:00 Evening Movie	12 Plant a Flower Day 9:45 Beat Boxing Exercise with Brittainey 11:00 Play Scattergories Game 1:00 Catholic Communion 2:00 Learn to Write a Limerick 3:30 Learn About Winter Seed Sewing and Start Seeds 7:00 Evening Movie	13 9:30 Daily Chronicles 10:00 Strength & Relaxation Exercise 11:00 Play Jeopardy Game 1:00 Knit/Crochet/Needlework 2:30 Travelogue: Dubai 3:30 Truth or Blarney Trivia & Shamrock Shakes 7:00 Evening Movie	14 9:00 Virtual Fossil Friday with Museum of the Rockies 11:00 "Would You Rather?" Chat 1:00 Shopping at Town & Country* 1:00 Catholic Mass 1:30 Exercise with Seranna 2:00 Bingo 3:45 Friday Cocktail 7:00 Evening Movie	15 9:30 Snack Chat 9:45 Visit from Bozeman Library 11:30 Lunch Outing: Texas Roadhouse* 2:30 Share Your Stories 4:00 Superstition Trivia & Ides of March Fun Facts 7:00 Evening Movie
16 9:30 Coffee Klatch 10:00 Calvary Baptist Service 1:00 Catholic Mass 2:30 Ecumenical Service 3:30 Coloring for Relaxation 7:00 Evening Movie	17 St. Patrick's Day & Wellderly Week Begins 9:30 Watch: Chicago's St. Patrick's Day Parade 11:30 St. Patrick's Day Lunch Party 1:30 Strength Training with Seranna 2:00 Bingo 3:30 Luck of the Irish Happy Hour 7:00 Evening Movie	18 9:30 Men's Coffee Chat 10:45 Balloon Volleyball 1:00 Grief Support Group 2:00 Scrabble Club 2:45 Bean Bag Toss 4:00 Learn About Joining the Welcoming Committee 7:00 Evening Movie	19 9:45 Virtual Exercise 10:30 Greeting Card Sales 11:00 Play Piggy Bankers Word Game 3:15 Catholic Mass 2:00 Cooking Club 3:30 Happy Hour with Music by Alice & Ray 7:00 Evening Movie	20 Spring Begins 9:30 Daily Chronicles 10:00 Strength & Relaxation Exercise 11:00 Spring Trivia 1:00 Knit/Crochet/Needlework 2:00 Town Hall Meeting 3:30 Health Talk with EmpowerMe Wellness 7:00 Evening Movie	21 9:00 Virtual Fossil Friday with Museum of the Rockies 11:45 Men's Pizza Party* 1:00 Shopping at Target* 1:00 Catholic Mass 1:30 Exercise with Seranna 2:00 Bingo 3:45 Laugh Therapy Social 7:00 Evening Movie	22 9:30 Snack Chat 10:30 Pondering Prompts 1:00 Video Concert Series: Burt Bacharach Documentary 2:30 Clay Sculpting 3:45 Afternoon Italian Sodas 7:00 Evening Movie
23 9:30 Coffee Klatch 10:00 Calvary Baptist Service 1:00 Catholic Mass 2:30 Ecumenical Service 3:30 Coloring for Relaxation 7:00 Evening Movie	24 9:00 Morning Meditations 10:45 Home Town History 1:30 Strength Training with Seranna 2:00 Bingo 3:30 Painting Club 7:00 Evening Movie	25 9:30 Veteran's Coffee Chat 10:45 Dart Toss 1:00 Grief Support Group 2:45 Seated Dancing Exercise with Brittainey 3:30 Afternoon Poker Game 7:00 Evening Movie	26 9:45 Beat Boxing Exercise with Brittainey 11:00 Activity Interests Meeting 1:00 Catholic Communion 2:00 Dining Services Meeting 3:30 "100 Rams" Documentary 7:00 Evening Movie	27 9:30 Daily Chronicles 10:00 Strength & Relaxation Exercise 11:00 Play Jeopardy Game 1:00 Knit/Crochet/Needlework 2:00 Cooking Club 3:30 March Birthdays Happy Hour 7:00 Evening Movie	28 9:00 Virtual Fossil Friday with Museum of the Rockies 11:45 Ladies Luncheon* 1:00 Catholic Mass 1:00 Shopping at TJ Maxx* 1:30 Exercise with Seranna 2:00 Bingo 3:45 Friday Cocktail 7:00 Evening Movie	29 9:30 Snack Chat 9:45 Visit from Bozeman Library 10:30 "You Be the Judge" Fun Stories & Discussion 1:00 Video Concert Series: Frank Sinatra (1971) 2:30 Make Your Own Bookmarks 3:15 Show & Tell
30 9:30 Coffee Klatch 10:00 Calvary Baptist Service 1:00 Catholic Mass 2:30 Ecumenical Service via Video 3:30 Coloring for Relaxation 7:00 Evening Movie	31 9:00 Morning Meditations 10:45 On the Day You Were Born Fun Facts 1:30 Strength Training with Seranna 2:00 Bingo 3:30 Painting Club 4:00 Book Club Meeting 7:00 Evening Movie					A * denotes signing up is required for that activity



March 2025

upcoming events

Resident Council Meeting
3/7 at 2:30 PM
 Living Room

Winter Seed Sewing
3/12 at 3:30 PM
 Activity Room

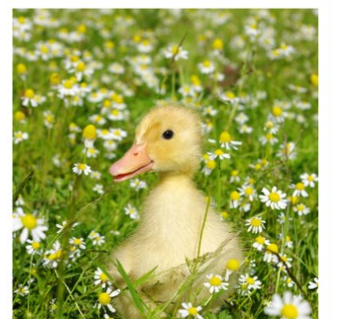
Lunch at Texas Roadhouse
3/15 at 11:30 AM
 Sign-Ups Required

Luck of the Irish Happy Hour
3/17 at 3:30 PM
 Living Room

Health Talk with EmpowerME Wellness
3/20 at 3:30 PM
 The Bistro

Men's Pizza Party*
3/21 at 11:45 AM
 Activity Room

"100 Rams" Documentary about resident Lee H.
3/26 at 3:30 PM
 The Bistro



Our mission is to create and maintain comfortable, caring environments for those who depend on us.