## Winter Door Decorating Contest

This January, we invite residents and their families to join us in decorating your front doors in the 2nd Annual



## Lodge Winter Door Decorating Contest!

The sky's the limit! You're welcome to use any supplies you may have, and the Life Enrichment Department will also provide some supplies, available on January 3rd at 10:30 AM.

## Residents can decorate their doors between January 1st through 19th.

Please let the front desk know if you'd like your door to be entered into the contest.

#### The voting period opens up January

**20th.** We encourage residents to walk around and view the doors, but photos of all the entries will also be displayed in the lobby between January 20th and 27th. Be sure to vote for your favorites!



We will also be posting the entries on Facebook where people can vote, as well, so there will be TWO winners!

Winners will be announced at the January 31st at Happy

2024 Winner: Gib L.

# moments captured



We had a wonderful holiday season, celebrating with loved ones and friends! Thanks to everyone who helped make our spirits bright.

**WELCOME 2025!** 





"January is the perfect balance between winter's stillness and the new year's potential."

-Unknown





January 2025

## Bozeman Lodge News

Independent & Assisted Living | 1547 N. Hunters Way | Bozeman, MT 59718 | 406-522-5452



### A Note from the Executive Director



Michelle Graham

coming year.

**Executive Director** 

Happy New Year! Can you believe it's 2025? I remember when we had warnings that the world was coming to an end when we hit 2000. Yet, here we are in 2025!

What do you love about a new year? For me, it's the idea of fresh starts. I've always loved making resolutions. Author James Clear, in his book "Atomic Habits," proposes we commit to being 1% better every day, and watch it compound and show tremendous growth in a year's time.

What would you want to do 1% better every day? I'd like to listen better, share more love, read more books, pray more and play more. What about you? I'd love to hear if you have some new resolves for the

In the meantime, we here at Bozeman Lodge can always agree that sharing friendships and love is always a good thing. There is a lot of love and light in this community.

Good things are happening at Bozeman Lodge! Happy New Year!

### HAPPY Birthday

Rich H.: January 1

Marilyn B.: January 1

**Marlene K.: January 2** 

Dean H.: January 3

Marge F.: January 5

**Becky K.: January 6** 

Norma B.: January 10

Norma H.: January 13

Ann W.: January 16

**Sharon S.: January 18** 

**Shirley H.: January 22** 

Else S.: January 24

Bill S.: January 28

Linda R..: January 31

Roma I.: January 31

JANUARY 2025 Bozeman Lodge • 1547 N. Hunters Way, Bozeman, MT 59718 • 406-522-5452						
SUN	MON	TUE	WED	THU	FRI	SAT
	***************************************		<ul> <li>1 NEW YEAR'S DAY</li> <li>9:00 Watch the Annual Rose Parade</li> <li>11:00 Rose Parade Fun Facts</li> <li>1:00 Catholic Communion</li> <li>2:00 Winter Self Care Tips &amp; Discussion</li> <li>3:30 Live Music by Alice &amp; Ray</li> <li>7:00 Evening Movie</li> </ul>	9:30 Men's Coffee Chat 10:00 Virtual Chair Yoga 11:00 New Year's Trivia 1:00 Knit/Crochet/ Needlework 2:00 Cooking Club 3:30 New Year's Happy Hour w/ Kate & Friends 7:00 Evening Movie	1:30 Exercise with Seranna 2:30 Resident Council Meeting	9:30 Bistro Treats 9:45 Visit from Bozeman Library 10:30 Pet Therapy 1:00 Modern Marvels: Railroads Change the West 2:00 Clay Sculpting 3:30 Poetry Corner: Share Your Favorite Poems 7:00 Evening Movie
5 9:30 Coffee Klatch 10:00 Calvary Baptist Service 1:00 Catholic Mass 2:30 Ecumenical Service via Video 4:00 Watch: PBS Backroads of Montana 7:00 Evening Movie	<ul> <li>6 The Epiphany</li> <li>9:30 Learn about Epiphany</li> <li>10:15 Visit a Local Nutcracker Display*</li> <li>1:30 Strength Training with Seranna</li> <li>3:00 In Remembrance Ceremony</li> <li>5:00 FCS Championship Game</li> <li>7:00 Evening Movie</li> </ul>	1:00 Grief Support Group with Stillwater Hospice 2:00 Board Games 2:45 Seated Dancing	11:00 Crossword Puzzles 1:00 Catholic Communion 2:00 Music with Edis & Silas		9:30 Current Events 10:30 Activity Interests Survey 1:00 Catholic Mass 1:30 Exercise with Seranna 3:45 Cruise Slideshow & Rum	9:30 Bistro Treats 10:30 Pet Therapy 1:30 Live Jazz Music at Bozeman Public Library* 2:30 Decorate Melting Snowman Cupcakes 3:30 Share Your Stories: Winter Memories 7:00 Evening Movie
12 9:30 Coffee Klatch 10:00 Calvary Baptist Service 1:00 Catholic Mass 3:30 Ecumenical Service 4:00 Watch: PBS Backroads of Montana 7:00 Evening Movie	9:30 Classic TV: I Love Lucy 10:45 Lunch at Applebee's* 1:30 Strength Training with Seranna 2:00 Bingo 3:30 Painting Club 7:00 Evening Movie	9:15 Hot Cran-Apple Cider 10:30 Snowball Toss 1:00 Grief Support Group	9:30 It Happened in January:	9:30 Men's Coffee Chat	9:30 Good News Stories  11:45 Men's Pizza Party*  1:00 Catholic Mass  1:00 Shopping at Target*	9:30 Bistro Treats 9:30 Outing to City Brew Coffee Shop* 9:45 Visit from Bozeman Library 10:30 Pet Therapy 2:00 Make Homemade Soap 3:30 Afternoon Italian Sodas 7:00 Evening Movie
19 9:30 Coffee Klatch 10:00 Calvary Baptist Service 1:00 Catholic Mass 1:30 Trip to Bozeman Symphony* 2:30 Ecumenical Service 4:00 Watch: PBS Backroads of Montana 7:00 Evening Movie	3:30 Painting Club 7:00 Evening Movie	9:15 Vitamin C Smoothies 10:30 Balloon Volleyball 1:00 Grief Support Group 2:00 Play Scrabble 2:45 Seated Dancing Exercise with Brittainey 3:30 Pet Therapy 7:00 Evening Movie	9:30 Chicken Soup for the Soul Stories 10:30 Easy Exercise with Tina 10:30 Greeting Card Sales 11:00 Crossword Puzzles 1:00 Catholic Communion 2:00 Cooking Club 3:30 Happy Hour with Music by Alice & Ray 7:00 Evening Movie	9:30 Men's Coffee Chat 10:00 Strength & Relaxation Exercise 11:00 Play Scattergories Game 1:00 Knit/Crochet/Needlework 2:15 Life Transitions Support Group with Myra 3:30 Plant Potting Activity* 7:00 Evening Movie	9:30 Current Events  11:45 Indoor Picnic*  1:00 Catholic Mass  1:00 Shopping at TJ Maxx*  2:00 Bingo  3:30 Friday Cocktail: Dirty Snowman  7:00 Evening Movie	9:30 Bistro Treats 10:00 Fingernail Painting 10:30 Pet Therapy 2:00 Make "Snow" Paint & Paint a Snowman 3:15 Show & Tell 7:00 Evening Movie
<ul> <li>26</li> <li>9:30 Coffee Klatch</li> <li>10:00 Calvary Baptist Service</li> <li>1:00 Catholic Mass</li> <li>2:30 Ecumenical Service</li> <li>4:00 Watch: PBS Backroads of Montana</li> <li>7:00 Evening Movie</li> </ul>	9:15 Trip to Bozeman Hot Springs*  10:00 Lewis Caroll Fun Facts & Documentary  1:30 Strength Training with Seranna  2:00 Bingo  3:30 Painting Club  4:00 Book Club Meeting  7:00 Evening Movie	28 9:15 Huckleberry Mocha 10:30 Bean Bag Toss 1:00 Grief Support Group 2:00 Play Dominoes 2:45 Seated Dancing Exercise with Brittainey 3:30 Pet Therapy 7:00 Evening Movie	29 Chinese New Year Begins 9:30 Watch: San Francisco Chinese New Year Parade 10:30 Easy Exercise with Tina 11:00 Crossword Puzzles 1:00 Catholic Communion 2:00 Dining Services Meeting 3:30 Chinese New Year Fun Facts & Treats 7:00 Evening Movie	9:30 Men's Coffee Chat 10:00 Strength & Relaxation Exercise 11:00 Trivia Game 1:00 Knit/Crochet/	9:30 Good News Stories 10:30 Tallest "Snowman" Stacking Challenge 1:00 Catholic Mass 1:00 Shopping at Town & Country* 2:00 Bingo 3:30 Happy Hour Celebrating January Birthdays 7:00 Evening Movie	A * denotes signing up is required for that activity



New Year's Happy Hour with Music 1/2 at 3:30 PM Living Room

Cruise Slideshow & Rum Cake Tasting 1/10 at 3:45 PM Bistro

Newcomers' Social 1/15 at 3:30 PM Living Room

Indoor Picnic 1/24 at 11:45 AM Bistro

Show & Tell 1/25 at 3:15 PM Living Room

